

The imoves PE challenge

Improving the **delivery of PE** and **focussing on the whole child** is not only achievable, but now it's **incredibly easy too!**

Using our **award-winning PE resources** and our easy-to-use snapshot assessment, you can see the results for yourself.

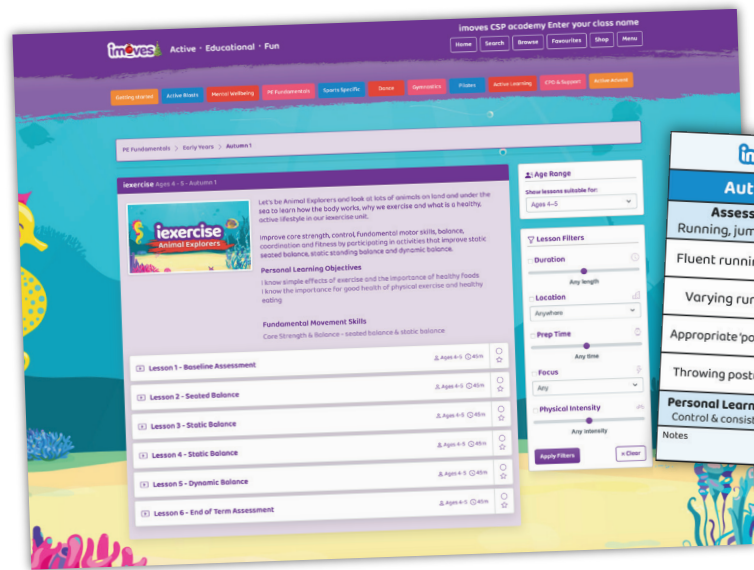
Choose a unit that you want to focus on, it may be communication skills, teamwork or even working on personal bests. Then work through the lessons and see how easy it is to deliver **incredible PE lessons** that **EVERY child** will enjoy.

After 3 lessons, you'll have a chat with one of the imoves team to let us know about your progress, and then wrap it up with a chat at the end of the challenge to let us know your results – **it's as simple as that!**

And best of all – **it's completely free!**

To get started with your PE challenge,

email imogen@imoves.com



imoves									
Agility & Fitness: Reaction & Response, Jumping & Landing									
Autumn 1			Week 1		Week 6		Difference +/-		
Assessed Skills:	E (value / initials)	S (value / initials)	A (value / initials)	E (value / initials)	S (value / initials)	A (value / initials)	E	S	A
Running, jumping, throwing									
Fluent running movements	14	15	1 KD	3 RS GH IP	25	2 KD IP	-11	+1 0	+1
Varying running speeds									
Appropriate power : jump ratio									
Throwing posture & accuracy									
Personal Learning Outcomes: Control & consistent movements									
Notes									

