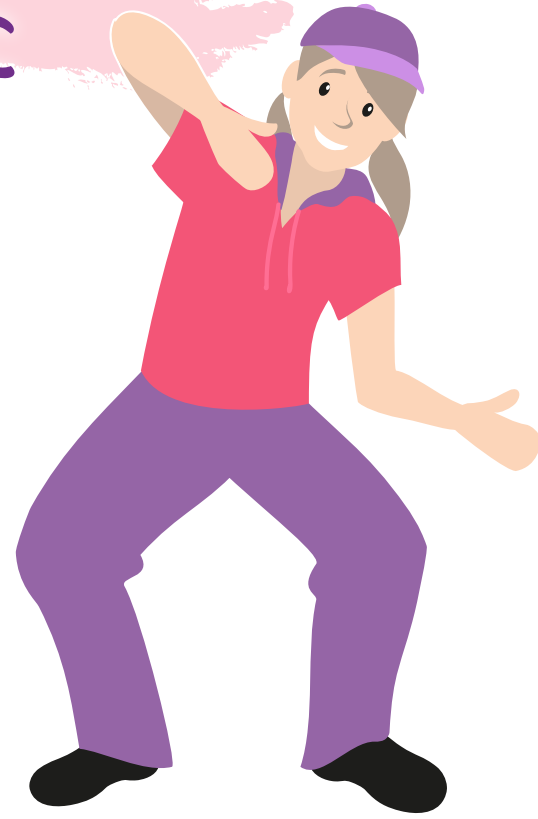


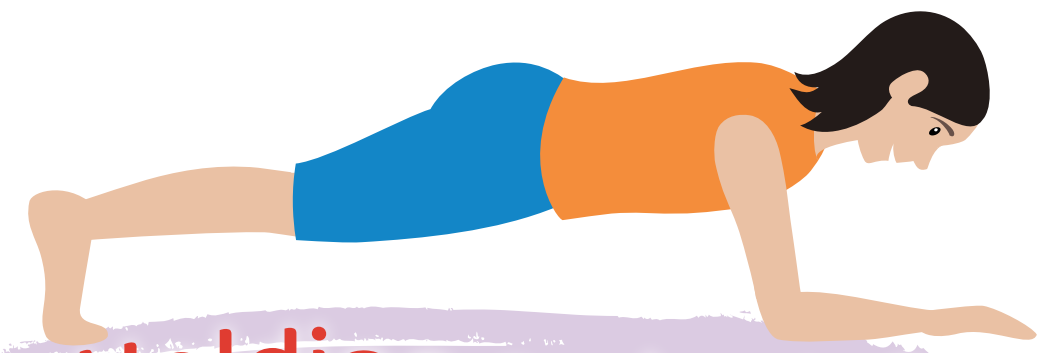
Dancing to music



Kicking a ball at a target



Balancing on your bottom



Holding a plank for as long as you can

Practice your skills

Touching your toes



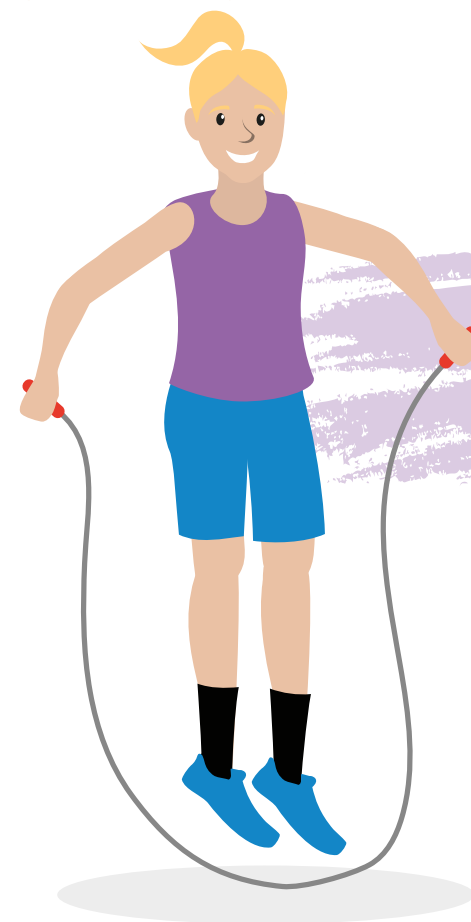
Handstand against a wall



Rolling onto your back and sitting up again



Skipping



Balancing on one leg or on a wall



Bouncing a ball

