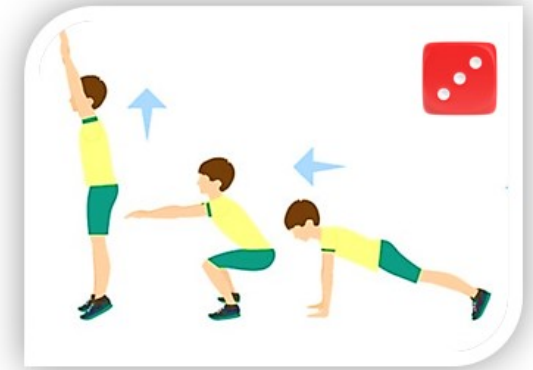
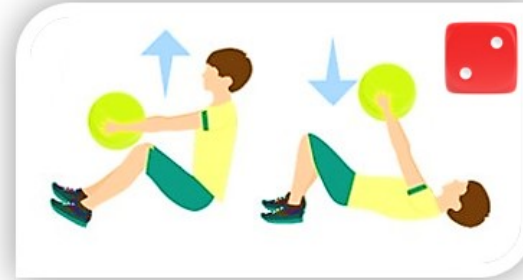


# 10 moves Dice challenge



**Dice 1**  
Tells you  
which  
exercise  
to do



**Dice 2**  
The number on the  
dice X10 is the  
amount of seconds to  
do the exercise for

Keep  
playing  
until you've  
done each  
exercise at  
least once!

