



# GHOSTBUSTERS

A ghostly dance routine for children aged 4 - 7 years

**SCHEME OF WORK** - Ghostbusters – A Halloween dance scheme.

**AIM OF SESSION** - Build a simple spooky dance routine based on the basic movements of dance – Travelling, Turning, Stillness, Falling and Jumping.

**KEY WORDS** - Ghost, Spider, Skeleton, Zombie

**LENGTH OF SESSION** - 40 minutes.

**RESOURCES** - The original song **Ghostbusters** - you will also need a CD player, a large ventilated space, provision for water breaks.



## WARM UP ACTIVITY (5 MINUTES)

1. Introduction to Beat and Rhythm
  - Focus the children, sit them in semi circle, and play "Ghostbusters"
  - Introduce the "Slow" beat: this is clapping in time to a regular beat (8 claps per phrase of 8 counts of music)
2. Now practice clapping to the beat of the music

## MAIN ACTIVITY (20-25 MINUTES)

1. Arrange the children standing in their own space. Play the song again and **BOB UP AND DOWN** to the beat to focus the children
2. Practice being Ghosts, Zombies, Skeletons, Spiders and Witches on Broomsticks.
3. Teach the actions to the song using the teaching notes on side 2.
4. Have fun doing the performance as many times as you like!

ENCOURAGE BIG STRONG MOVEMENTS AND GOOD POSTURE. PRAISE GOOD PERFORMANCES FOR OTHER CHILDREN TO WATCH AND COPY.

You could split the class to allow the children to watch each other's performance and copy good performance.

## COOL DOWN ACTIVITY (2 MINUTES)

Lay the children down on the floor and ask them to think of their favourite shape. What shape is it? Long and thin, round and fat etc. Encourage the children to make that shape on the floor whilst lying down and holding it as still as possible. Teacher tries to guess the shapes.

## PLENARY

- Observe children's ability to clap in time to music during the warm up
- Observe children's ability to perform the correct actions with the correct words of the song
- Q. What have we learned in this session?
- Q. What could we do better next time?





## CHOREOGRAPHY NOTES

### GHOSTBUSTERS LYRICS

Musical Intro -

1

If there's something strange, in your neighbourhood  
Who ya gonna call? GHOSTBUSTERS

If there's something weird, and it don't look good  
Who ya gonna call? GHOSTBUSTERS

2

I ain't afraid of no ghosts, I ain't afraid of no ghosts  
(instrumental)

If you're seeing things, running through your head  
Who can ya call? GHOSTBUSTERS

3

An invisible man, sleeping in your bed  
Who ya gonna call? GHOSTBUSTERS

I ain't afraid of no ghosts, I ain't afraid of no ghosts  
(instrumental)

Who ya gonna call? GHOSTBUSTERS

4

If ya all alone, pick up the phone and call GHOSTBUSTERS

I ain't afraid of no ghosts, I here it likes the girls  
I ain't afraid of no ghost, Yeah Yeah Yeah Yeah

Who ya gonna call? GHOSTBUSTERS

5

If you've had a dose of a freaky ghost baby  
Ya better call GHOSTBUSTERS

Lemme tell ya something, Bustin' makes me feel good!

I ain't afraid of no ghosts, I ain't afraid of no ghosts

Don't get caught alone no no

GHOSTBUSTERS

6

When it comes through your door

Unless you just want some more  
I think you better call GHOSTBUSTERS

Who ya gonna call? GHOSTBUSTERS  
Who ya gonna call? GHOSTBUSTERS

I think you better call GHOSTBUSTERS  
Who ya gonna call? GHOSTBUSTERS

7

I can't hear you! Who ya gonna call?

GHOSTBUSTERS  
Louder GHOSTBUSTERS  
Who ya gonna call? GHOSTBUSTERS  
Who can ya call? GHOSTBUSTERS  
Who ya gonna call? GHOSTBUSTERS

### The original song Ghostbusters

### GHOSTBUSTERS DANCE ACTIONS

- Children are pretending to open the door of a creepy house and walk inside the haunted house.
- Children are creeping around on tip toe looking for ghosts.
- Turn to front and punch the air and shout GHOSTBUSTERS.

- Children are creeping around on tip toe looking for ghosts.
- Turn to front and punch the air and shout GHOSTBUSTERS.

- All children pretend to be ghosts – moving slowly around the room.

- Children are creeping around on tip toe looking for ghosts.
- Turn to front and punch the air and shout GHOSTBUSTERS.

- Children are creeping around on tip toe looking for ghosts.
- Turn to front and punch the air and shout GHOSTBUSTERS.

- All children pretention to be ZOMBIES.

- Turn to front and punch the air and shout GHOSTBUSTERS.

- Children crouching down as if hiding.
- Turn to front and punch the air and shout GHOSTBUSTERS.

- Children pretend to be skeletons, rattling around the room.

- Turn to front and punch the air and shout GHOSTBUSTERS.

- Crouching down as if hiding.
- Turn to front and punch the air and shout GHOSTBUSTERS.

- Children pretending to be giant spiders or witches on broomsticks.

- Turn to front and punch the air and shout GHOSTBUSTERS.

- Crouching down as if hiding.

- Turn to front and punch the air and shout GHOSTBUSTERS.

- Children strike a series of super hero style poses they can create themselves, holding each pose for at least 8 counts of music.

- Repeat this until the end of the song and then finish by punching the air and shouting Ghostbusters.

# HAPPY HALLOWEEN!

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